



Ever Upward: May 2017

Anzalone and Hinkelbein Interviewed by *Popular Science*

Fanancy Anzalone, M.D., a Fellow and Past President of the Aerospace Medical Association (AsMA), and Jochen Hinkelbein, M.D., a Fellow of AsMA, were interviewed by *Popular Science* regarding the possible health implications of long-haul flights. Dr. Anzalone spoke about getting up and walking around or just pumping your legs in order to avoid deep vein thrombosis and the importance of staying hydrated. Dr. Hinkelbein was interviewed about cabin air and the possibility of catching an illness from a fellow passenger. To read the complete article, please visit <http://www.popsci.com/are-long-airplane-flights-bad-for-your-health>.

New Members

Abualfoul, Mujahed; Kansas City, MO, United States
Alsagheer, Islam; Vieux Fort, Saint Lucia
Anderson, Bryan; Luke AFB, AZ, United States
Blumenberg, Clifford; Annandale, VA, United States
Borchert, Laura; Hawthorne, Queensland, Australia
Byrd, Emily; Bronx, NY, United States
Clarke, Thomas; Dayton, OH, United States
Demaria-Pesce, Victor; Cologne, Germany
Dierfeldt, Daniel; Omaha, NE, United States
Durney, John; Tampa, FL, United States
Epstein, Ari; Long Grove, IL, United States
Farrell, Brendon; East McKeesport, PA, United States
Fernandes, Jack; Dubai, United Arab Emirates
Gupta, Vinayak; Indianapolis, IN, United States
Inouye, Theodore; Federal Way, WA, United States
Janicki, Manuela; Karlsruhe, Germany
Kopp, Michael; Salzburg, Austria
Lee, Katherine; Virginia Beach, VA, United States
McCarthy, Michael; Tbilisi, Georgia
McKinley, Andy; New Carlisle, OH, United States
Novak, James; Daytona Beach, FL, United States
O'Donnell, Kirk; Tampa, FL, United States
Piper, Steven; Houston, TX, United States
Roberts, Dan; Tyndall AFB, FL, United States
Robinson, Yohan; Uppsala, Sweden
Stienstra, Rudolf; Malden, Netherlands
Thierry, Séamus; Guidel, France
Watts, Daron; Novato, CA, United States

In Memoriam: William Henry Hark, M.D., M.P.H.

AsMA was saddened to learn that on April 6, 2017, Dr. William H. Hark died. A Fellow of AsMA, he had been a member since 1959 and was the recipient of the 1989 John A. Tamisea Award. He was a native of Charleston, WV, and received Bachelor of Science and Bachelor of Arts degrees from



West Virginia University in 1954 and 1955 and a degree of Doctor of Medicine from the Medical College of Virginia in 1957. He entered the U.S. Army in 1956 through the Army Senior Medical Student Program and served an internship at Walter Reed General Hospital in Washington, DC, from 1957 to 1958. Following short assignments in Greenland, Labrador, and Fort Meade, MD, he became an Army

flight surgeon through training at the U.S. Air Force School of Aviation Medicine in San Antonio, TX. He had additional assignments at Ft. Belvoir, VA, and the Office of the Army Surgeon General in Washington.

Dr. Hark entered the formal medical specialty training program in Aerospace Medicine in 1962 and received a degree of Master of Public Health from the Harvard University School of Public Health in 1963. After 2 more years of formal training, he was assigned to the Army Aviation Center at Fort Rucker, AL, as Assistant Chief, Aviation Medicine, and Deputy Director of the aviation school's Department of Aeromedical Education and Training. He was certified by the American Board of Preventive Medicine in 1966. This was followed by attendance at the Army Command and General Staff College, then by assignment in 1968 as Surgeon, First Aviation Brigade and Aviation Medical Consultant to the Commanding General, U.S. Army, Vietnam. He also was consultant to the Commander, First Medical Brigade and to the Surgeon, Military Advisory Command, Vietnam.

Following his assignment in Vietnam, Dr. Hark served in the Office of the Army Surgeon General as Chief, Aviation Branch, and Consultant in Aviation Medicine. He later helped establish and directed the Surgeon General's Office of Drug and Alcohol Abuse Control and served on several multiservice and international committees with responsibilities in Aerospace Medicine. After retirement from the Army with the rank of Colonel in 1976, he joined the Federal Aviation Administration's Office of Aviation Medicine in Washington, DC, and served in increasingly responsible positions until becoming the Deputy Federal Air Surgeon in 1992. He retired again in July 1999.

Dr. Hark's awards include the Army Legion of Merit with Cluster, the Air Medal, the Bronze Star Medal, the Army Commendation Medal, the Vietnamese Civil Action Medal, and the Vietnamese Cross of Gallantry with Palm. He was rated as a Master Army Flight Surgeon. He was a member of the U.S. Senior Executive Service, received the Secretary of Transportation's Award for Meritorious Achievement, and was a Fellow of the American College of Preventive Medicine.

Read Current News Online!

The AsMA, Industry, & Member News pages are updated regularly. Members: looking for a new job? Check the Job Fair - new jobs are posted monthly!

NEWS OF CORPORATE MEMBERS

SAA Announces Wine Awards

South African Airways (SAA) announced its annual Wine of the Year Awards at a gala dinner held at Southern Sun Cape Sun hotel in April. The awards were made in four categories: white wines, red wines, Cape Tawny and Méthode Cap Classique wines. The Chief Executive Officer's Award and the Chairperson's Award for the most exceptional wines of the year were also presented. In addition to presenting these annual awards, the airline announced the selection of locally produced wines that will be served on its flights and in its Business Class lounges over the next 12 months. Nine local judges and three international judges were responsible for this year's selection.

—Please visit <https://www.flysaa.com/about-us/leading-carrier/media-center/media-releases/newsroom> to read more.

Mayo Clinic Recognized for Environmental Stewardship

Mayo Clinic campuses in Jacksonville, FL; Rochester; Eau Claire, WI; and La Crosse, WI, have been awarded for their sustainability efforts by Practice Green-health, a national organization dedicated to reducing the impact health care institutions have on the environment. Mayo Clinic's Rochester campus and Mayo Clinic Health System in Eau Claire each received the 2017 Greenhealth Emerald Award for demonstrating superior sustainability programs that include setting

the standard for eliminating mercury, reducing and recycling waste, achieving sustainable sourcing, and other areas. Mayo Clinic's Florida campus and Mayo Clinic Health System – Franciscan Healthcare in La Crosse, WI, each earned the Partner for Change Award for continuously improving and expanding upon their efforts to eliminate mercury, reduce waste, recycle and lessen its impact on the environment.

—Please see <http://newsnetwork.mayoclinic.org/discussion/multiple-mayo-clinic-campuses-recognized-by-practice-green-health-for-environmental-stewardship/> for more on this.

NIOSH Appoints New Division Director

The National Institute for Occupational Safety and Health (NIOSH) has appointed Ryan Hill, M.P.H. (CDR, USPHS) as director of its Western States Division (WSD). CDR Hill will serve as the Division's first full-time director beginning in May. In his new role, CDR Hill will lead a diverse group of scientists who conduct research to reduce a wide variety of occupational safety and health hazards in high-risk industries predominant in the West, such as oil and gas extraction, maritime, commercial fishing, wildland firefighting, and aviation. CDR Hill will maintain and enhance partnerships with industry, labor, academia, and state and federal agencies to maximize the impact of WSD research and apply strategies and technologies to eliminate or reduce work-related injury, illness, and death. CDR Hill will be stationed in Spokane,

See 'NIOSH,' p. N20.



Hello, Naples.

UHMS 2017 Annual Scientific Meeting

◆ June 29-July 1 ◆

Pre-Courses June 28 ◆ Post-Course July 2

NAPLES GRANDE BEACH RESORT
475 Seagate Drive ◆ Naples, Florida 34103

To register or for location, hotel and
travel information see:

<https://www.uhms.org/>

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From 'NIOSH,' p. N19

WA, and will be responsible for management of the WSD facilities in Spokane, Anchorage, AK, and Denver, CO.

—Please visit <https://www.cdc.gov/niosh/updates/upd-04-19-17.html> to read more about this.

AOPA Promotes Aviation Careers

The Air Craft Owners and Pilots Association (AOPA) recently sent their Central Southwest Regional Manager to the annual conference of the Iowa Public Airports Association. He participated in a presentation on the programs AOPA has created to reverse the trend of a declining active general aviation pilot population including the You Can Fly initiative, the umbrella program that pursues targeted approaches to promoting flying clubs and flight schools, getting rusty pilots back in the air, and developing STEM (science, technology, engineering, and math) programs for high school students. He also met with state and local officials about the needs of the state airport system. The Iowa Public Airports Association, as part of its promotion of public airports through activities including “legislative advocacy, education, and collaboration within the aviation community,” also is pitching in to raise awareness of aviation’s professional opportunities.

—Please see <https://www.aopa.org/news-and-media/all-news/2017/april/18/iowa-airports-group-aopa-promote-aviation-careers> for more on this.

Visit Us on Social Media!

Connect with AsMA online via any of the accounts below:

Twitter: https://twitter.com/aero_med

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LinkedIn: [https://www.linkedin.com/company/2718542?trk=tyah&trkInfo=tarId:1404740611720,tas:Aerospace Medical,idx:1-1-1](https://www.linkedin.com/company/2718542?trk=tyah&trkInfo=tarId:1404740611720,tas:Aerospace%20Medical,idx:1-1-1)

Corporate News Bites

Essex Industries: Essex Industries announced that it has received a Boeing Excellence in Advocacy Award for 2016. The Boeing Company issues the award annually to recognize suppliers who have achieved superior performance in government outreach activities to help government policymakers better understand aerospace issues and promote legislation that support aerospace companies. *To read more about this, please visit <http://www.essexindustries.com/boeing-excellence-advocacy-award/>.*

Envionics: Envionics has announced expanded capability for their Model 4000. The expansion allows up to eight mass flow controllers, which allows mixing of up to seven individual gases in a balance gas with a Series 4000 or 4020 and diluting up to 10,000:1 with the Series 4040 or 4020. Additionally, the need for a battery has been eliminated, reducing maintenance. *For more on this, please see <http://www.envionics.com/news---events/news-and-announcements>.*

MEETINGS CALENDAR

May 19-24, 2017; ATS International Conference; Washington, DC. For more, please visit http://conference.thoracic.org/program/call_for_abstracts/index.php.

May 23-26, 2017; Preventive Medicine 2017; Portland, OR. The theme will be 'Achieving Health Equity Through Prevention.' For more information, please visit <https://www.eventscribe.com/2017/acpm-annual/>.

June 29-July 1, 2017; UHMS 2017 Annual Scientific Meeting; Naples Grande Beach Resort, Naples, FL. Please visit <https://www.uhms.org/asm-new.html> for more info.

August 25-26, 2017; UHMS Gulf Coast Chapter Annual Meeting; Hilton Clearwater Beach, Clearwater, FL. Visit <https://www.uhms.org/education/courses-meeting/directly-sponsored/gulf-coast-chapter.html>.